



Capability Statement



National
Wellbeing
ALLIANCE

*Creating Healthier Futures
Through Culturally Safe Wellbeing*



The **National Wellbeing Alliance**, in partnership with **Corporate Culcha**, is Australia's leading First Nations-owned provider of wellbeing and engagement training, delivering culturally safe, high-impact programs to workplaces and communities nationwide.

With decades of experience, we specialise in Mental Health First Aid* and other transformative training initiatives that empower Aboriginal and Torres Strait Islander communities across **urban, regional, and remote Australia**.

Since 2014, we have successfully designed, led, and delivered large-scale national training programs, working alongside industry and government to create **meaningful, lasting change**.

Our expertise ensures that every training experience is not only **culturally appropriate and impactful** but also drives real-world outcomes for individuals, organisations, and communities across the country.



What we do

Fostering wellbeing through the provision of holistic and innovative adult education and training services

Our team is made up of First Nations and non-Indigenous people with specialised areas of expertise and a passion for what we do.

We are highly skilled facilitators, consultants and associates with extensive experience and a shared commitment to drive long-term change.

We work with organisations that are committed to achieving sustainable wellbeing outcomes.

Our Products, Services & Capability

First Nations Health & Wellbeing Training

Comprehensive programs designed to improve health outcomes and build cultural understanding

Community Programs & Engagement

Supporting communities through tailored programs that foster connection, understanding, and wellbeing

Research & Evaluation

Evidence-based insights and reporting to help measure and enhance the impact of your programs and initiatives.

Facilitation of Events

Professional facilitation to ensure meaningful and productive engagement for your events.

Our Impact

8,120+

participants delivered to.

99.7%

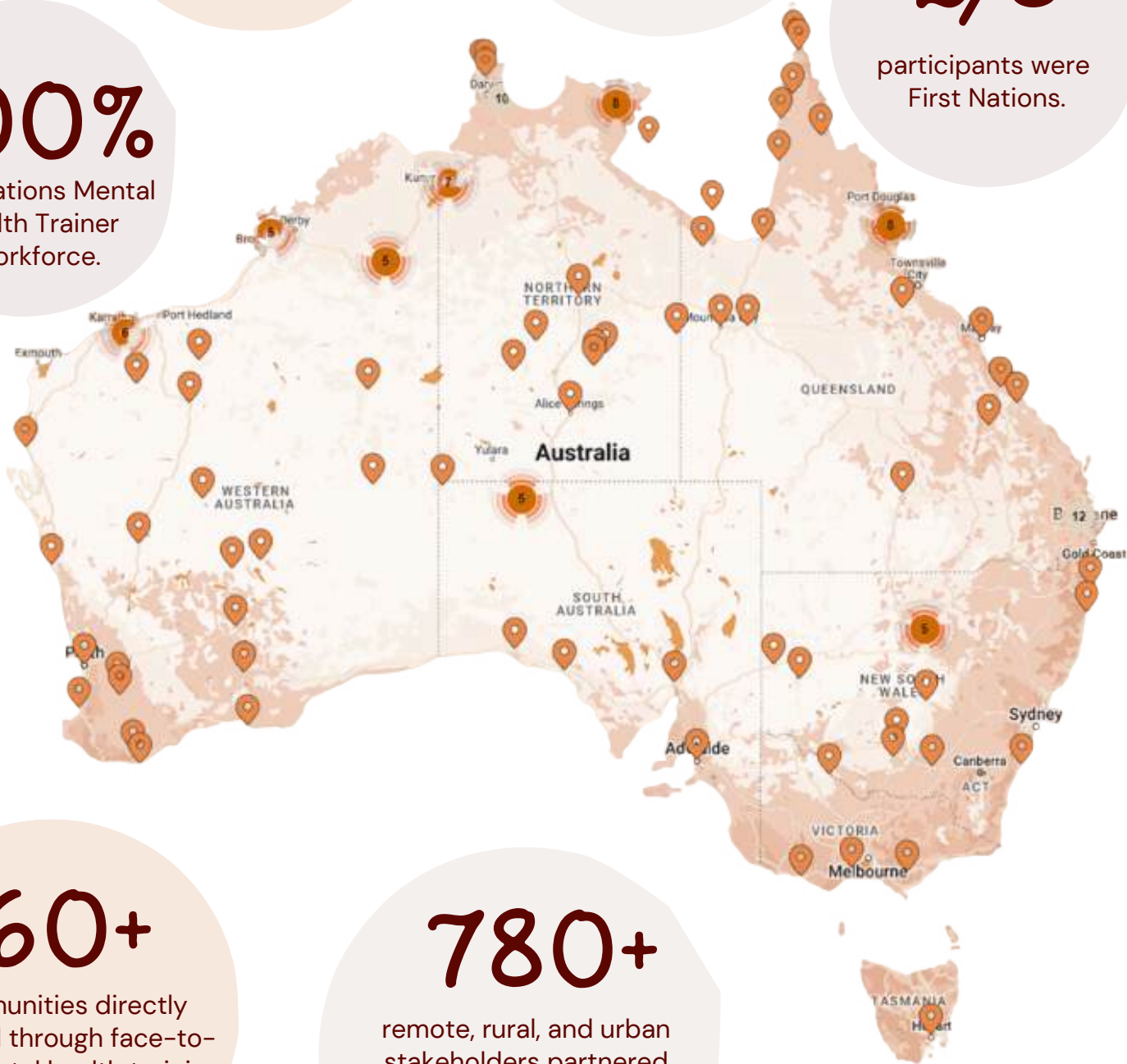
of participants recommend our training.

2/3

participants were First Nations.

100%

First Nations Mental Health Trainer Workforce.



160+

communities directly reached through face-to-face mental health training and support services.

780+

remote, rural, and urban stakeholders partnered with to deliver culturally safe mental health and wellbeing initiatives

71%

of participants improving their ability to recognise mental health concerns.

Our Approach

Innovators that maximise project outcomes to meet the aspirations and needs of First Nations and non-Indigenous Australians

We are **purpose-driven leaders** in adult and youth education and training, with a strong focus on **social impact and innovation**. Our expertise lies in delivering tailored, high-quality education programs, designed to meet the unique needs of our clients—including those with varying levels of literacy and numeracy.

At the heart of our work is a deep commitment to **fostering cultural understanding**, ensuring that every project we deliver is culturally safe, inclusive, and meaningful.

We take a **collaborative approach**, working closely with our clients to **customise training solutions** that align with their specific goals. From concept to delivery, we partner with you every step of the way to ensure a seamless and impactful learning experience.



Our Programs Are

Client-Centered & Collaborative

Designed in partnership with our clients to ensure ownership of the process and outcomes.

Aboriginal-Led & Culturally Safe

Led and delivered by Aboriginal facilitators, ensuring culturally appropriate service provision, deeper engagement, and improved attendance and completion rates.

Inclusive & Accessible

Designed for learners of all levels, supporting diverse educational needs and experiences.

Practical & Impact-Driven

Focused on real-world applications, creativity, and innovation to drive positive outcomes.

Aligned with Reconciliation Goals

Supporting meaningful progress towards Reconciliation through education and engagement.

Our Strengths

Driving Meaningful Change Through First Nations-Led Training Solutions

We proudly have the largest team of skilled, experienced, and passionate First Nations trainers in Australia. With the capacity to design, manage, and deliver high-quality, culturally safe training, we reach communities in remote, regional, and urban centres nationwide, ensuring meaningful and lasting impact.

As a proudly Aboriginal-owned and led organisation, over 80% of our employees and consultants are Aboriginal. Our experienced facilitators have built deep, trusted relationships across Australia, including in some of the most remote communities

With expertise in developing and delivering culturally responsive programs, we ensure training is engaging, effective, and tailored to community needs, especially for highly sensitive topics.

Our nationally based team enables us to cost-effectively deliver services anywhere in Australia, from geographically challenging locations to corporate and urban environments.

With a proven track record of delivering large-scale national projects across multiple sites, on time, and on budget, we bring reliability, cultural expertise, and excellence to every engagement.



Our Partners

Our reputation for excellence is built on a proven track record of collaboration with a diverse network of partners and subcontractors. We are proud to work alongside Corporate Culcha, Indigenous Consulting Group, Yilabara Solutions, Thirrili, and our new EAP provider, BilaEmpower, as well as key subcontractors such as Dorchester IT and Casuarina Tweed Coast Bookkeeping. We also maintain strong partnerships with leading service providers, including Mental Health First Aid Australia and Rural & Remote Mental Health.

Our commitment to excellence and impact is demonstrated through successful collaborations with government agencies and organisations such as the National Indigenous Australians Agency (NIAA), Department of Defence, Lifeline, Department of Education, and the Department of Employment, Skills, Small and Family Business.

Why Partner With Us

NWA is committed to providing **culturally safe, impactful**, and evidence-based mental health training and community engagement services. Our expertise and deep connections enable us to drive sustainable change across Australia.

Nationwide Reach: Delivering services across urban, rural, and remote communities Australia-wide.

Recognised Leadership: Trusted by government agencies, corporate organisations, and community groups, including NIAA, Defence, Lifeline, and the QLD Government Department of Health.

Authentic & Culturally Safe: Led by First Nations trainers with deep community connections.

Collaborative & Outcomes-Driven: Partnering with ACCHOs, government agencies, and industry to create meaningful impact.

Our Endorsements



1300 285 242

www.nationalwellbeing.com.au

training@nationalwellbeing.com.au

