

Capability Statement



*First Nations led.
Everyone heard, seen and valued.*



Who we are

The **National Wellbeing Alliance** (NWA), in partnership with **Corporate Culcha**, is Australia's largest Indigenous owned and run mental health and wellness training company. We are a proud advocate for Indigenous affairs, with the mission to: *Improve the lives of Australians through the co-design and co-implementation of community initiatives that improve long-term health and wellness.*

At NWA, our community engagement staff and trainers, totalling 90, are 100% First Nations. We are from many Nations across our beautiful country with a variety of lived experiences and knowledge, sharing a deep commitment to long-term positive change for our people. What sets us apart is trust, credibility and capacity – built through deep cultural respect and community partnerships. We currently have 890+ partnerships in remote, rural and urban areas to ensure that First Nations voices are heard, listened to and respected nationally.

Since 2014, we have successfully designed, led and delivered large-scale national training programs, working alongside industry and government. With measurable outcomes, a growing workforce and a strong evidence base, we are:

- strengthening individual, family, and community wellbeing and safety,
- creating safe spaces for healing and connection,
- building a culturally capable workforce and
- advancing economic independence through local employment and leadership.



What we do

With decades of experience, we specialise in Social and Emotional Wellbeing training initiatives that empower Aboriginal and Torres Strait Islander communities across urban, regional and remote Australia. Our expertise lies in delivering tailored, high-quality education programs, designed to meet the unique needs of our clients, including those with varying levels of literacy and numeracy.

Our expertise, care and passion ensures that every training experience is not only culturally appropriate and impactful but also outcomes focused.

Our team is extremely passionate about our mission and what we do.

Our products, services & capability

First Nations wellbeing training

Tailored training programs crafted to improve health and wellness outcomes, that build or enhance cultural understanding.

Community programs & engagement

Community support through tailored programs that ensure that First Nations voices are heard, listened to and respected.

Research & evaluation

Evidence-based insights and reporting to help measure and enhance the impact of your programs and initiatives.

Facilitation of events

Professional facilitation and support to ensure meaningful and productive engagement for your events.

Our impact

10,000+

participants
delivered to.

97.4%

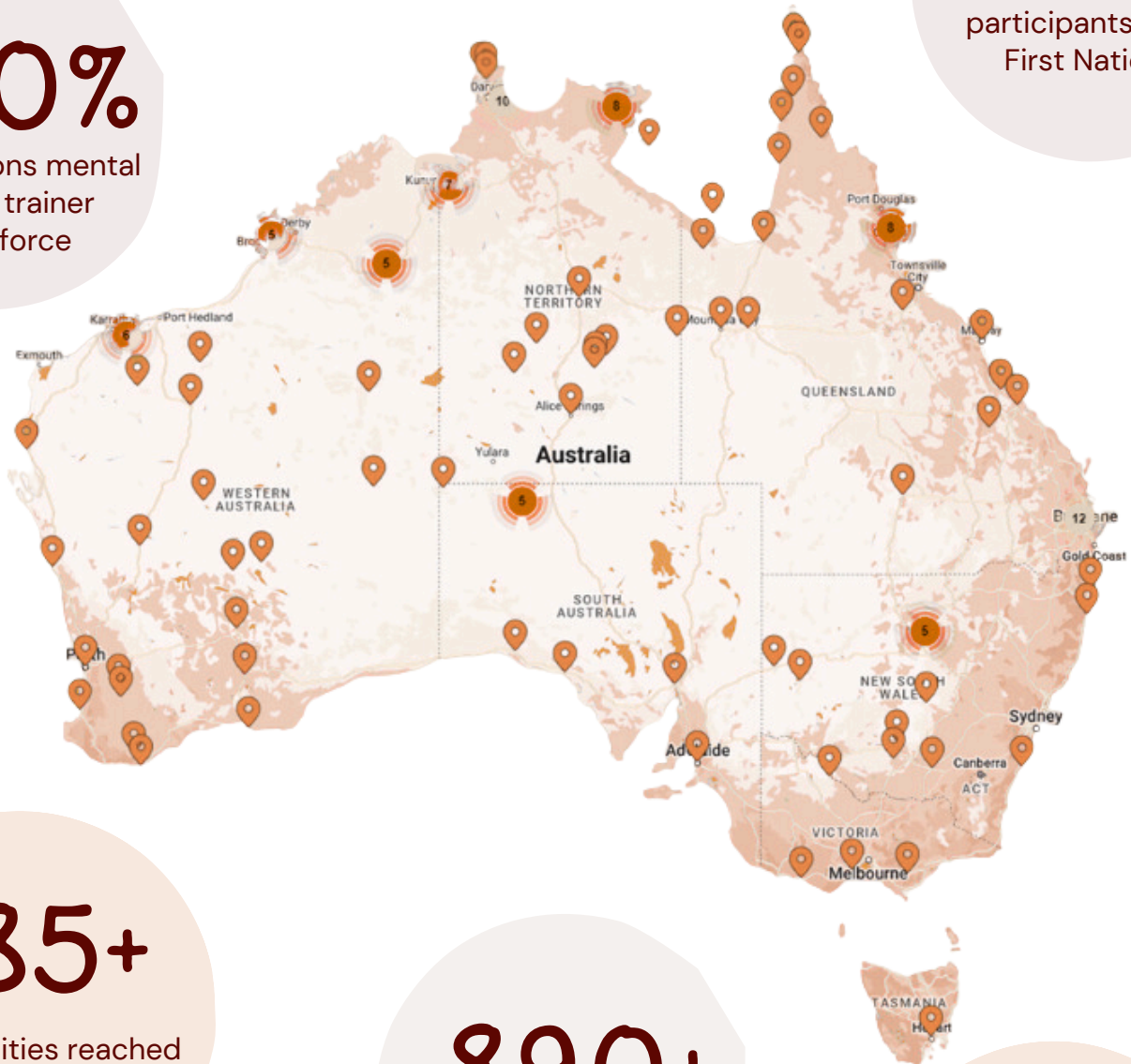
of participants
recommend
our training

2/3

participants were
First Nations

100%

First Nations mental
health trainer
workforce



185+

communities reached
nationally

890+

partnerships

71%

of participants improved
their ability to recognise
mental health concerns

Our approach

We are purpose-driven leaders in adult and youth education and training, with strong focus on social impact, wellness and innovation. At the heart of our work is a deep commitment to fostering cultural understanding, ensuring that every project that we deliver is culturally safe, inclusive and meaningful.

We take a collaborative approach, working closely with our clients to customise training solutions that align with their specific goals, needs, preferences, legislative requirements, environment, local conditions and specific policies and procedures. From concept to delivery, we partner with our client every step of the way to ensure a seamless and impactful custom learning experience.



Our programs

Client-centered & collaborative

Designed in partnership with our clients to ensure ownership of the process, fitness for purpose and meaningful outcomes.

Aboriginal-led & culturally safe

All training is and delivered by First Nation facilitators, ensuring culturally appropriate service provision, deeper engagement, improved attendance and completion rates.

Inclusive & accessible

Designed for participants of all levels and journeys, to support diverse educational needs, literacy and experiences.

Practical

Focused on real-world applications, creativity and innovation.

Aligned with Reconciliation goals

Supporting meaningful progress towards Reconciliation initiatives through tailored education programs and engagement.

Why partner with us

We have trust, credibility and capacity – built through deep cultural respect and community partnerships. Our experienced facilitators have meaningful relationships all across Australia.

We proudly have the largest team of skilled, experienced and passionate First Nation trainers in Australia. With the capacity to design, manage, and deliver high-quality, culturally safe training, we reach communities even in some of the most remote corners of our nation.

With expertise in developing and delivering culturally responsive programs, we ensure that the training is engaging, effective and appropriately tailored to our clients and training recipients.

We have a structured governance and mature data capability framework, which enhance our accountability, data integrity and informed decision making.

We have a commercial logistics team, which enables us to cost-effectively deliver services anywhere in Australia, from geographically challenging remote locations to complex corporate and urban environments.

With proven track record of delivering large-scale national projects across multiple sites on time and on budget, we bring reliability, passion, care, cultural expertise and excellence to every engagement.



Our partners

Our reputation for excellence is built on a proven track record of collaboration with a diverse network of well respected partners and subcontractors. We currently have 780+ partnerships in remote, rural and urban areas to ensure that First Nations voices are heard, listened to and respected nationally. Our commitment to excellence and impact is demonstrated through successful collaborations with government agencies and organisations such as the National Indigenous Australians Agency (NIAA), Department of Defence, Lifeline, Department of Education and Department of Employment, Skills, Small and Family Business.

We are proud to collaborate with our partners in a joint effort towards advancement of Reconciliation initiatives through tailored education programs, advocacy and engagement.

Our Endorsements



THIRRILI



TITEB 54 reasons



National
Wellbeing
ALLIANCE

1300 285 242

nationalwellbeing.com.au

training@nationalwellbeing.com.au

ABN 79 162 405 978

